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Learn To Swim: Teaching You To Teach Your Child To Swim



Synopsis

Benjamin Roberts is an experienced Swimming instructor, School Teacher and Lifeguard who has combined his first class knowledge of teaching beginners to swim with his professional understanding of how children learn in order to write this book which will help parents, step parents, grand parents and anyone else who wants to teach their child to swim. It goes from the very beginning, building confidence to swimming front crawl and breathing. Ben has a wonderful way of getting his theory across in his classes and this is quite evident in his writing style. It has been written in a very 'reader friendly' way with wonderful illustrations to support the text. Quite simply, this book will teach you how to teach your child to swim and it will do so in an enjoyable way. Teaching your child to swim is something any parent can do, given the knowledge to do so. It will give you a wonderful sense of achievement.

Book Information

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Customer Reviews

My review may be a little premature--I haven't gotten very far into it yet, but I found the advice on handling children's initial fears very helpful. My five-year-old grandson was very "hydrophobic" at

first, but now he is eager to get in the water and "swim" with his head under.

My son has been afraid to even stick his head in, but after reading this with me and trying out some of the tips, he feels much better and is excited now.

I found the tips in this book very helpful. My grandson was afraid to go in the pool. After following some of the suggestions in this book, he now loves the water and is progressing in his swimming skills.

I really like this guide to teaching your child to swim. The author has broken the skill of swimming down into concrete elements, the emphasis is on building a strong foundation and moving at a confidence building pace. I haven't started the lessons yet but I feel inspired and way better equipped to set my son up for success.

The book seemed to me a very clear exposition for me as a parent how to teach my kids to swim. The method is broken in logical and gradual stages. The authors pays a lot of attention to a young swimmer's morale.

too short

I found a lot of his tips very useful! Thank you for your well-written book!

There are many swimming guides out there but so many of them rely on using flotation devices instead of letting children find their natural buoyancy in the water. It is obvious this author knows what he is talking about and I was able to teach my child the basics of swimming before having to spend too much money on lessons.

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